

Bereavement Support Group

St Simon Stock



“Losing someone you love is hard to bear. The rest of the world goes on as if nothing has happened. It can help to share with others”

Report for AGM 2020

This new initiative here at St Simon Stock, which started on 18th September 2018, offers a hand of friendship and support, in a small and informal setting, to help cope with loss of dear ones, either recently, or in the past.

We offer an opportunity to remember together, saying as much or as little as you wish, with confidentiality and respect for each other, and the choice of bringing a friend, and to come along as often as needed. There is time for reflection and prayer, followed by tea and biscuits. It must be stressed that we are not “counsellors”, but are here to offer a “listening” ear.

The sessions run from 7pm to 9pm on the second Tuesday of every month. There is always a reminder of dates and times in the newsletter and on the poster in the entrance hall.

You may have noticed a cone tree on the book shelf in the hall, this is part of our focus up to Easter, so please do not remove (:

Later this year, we are aiming to include a talk regarding help for the bereaved, and hopefully opening this to the Parish.

So far, attendance at the sessions, although small, has been a benefit to all concerned.

Unfortunately, due to the Corona virus pandemic, these sessions will be cancelled for the foreseeable future, but as soon as things return to normal, we will resume “service”!

Also, because of the virus, the refresher course the group had hoped to attend at Aylesford, has now been postponed.

Please get in touch with any one of us, or Father Bart, if you, or anyone you know would like to join us. You will be most welcomed.