

# St. Simon Stock Parish Lenten Appeal 2025



## March 2025 Shopping List

This Lent we have been asked to donate **five** items that we urgently need at our warehouse.

They are:

- Packets of instant mash
- Tins of fruit
- Meal tins of meat e.g beef stew, chicken in white sauce, lamb casserole, chicken curry, chilli con carne, Fray Bentos meat meals
- Peanut butter (medium jars)
- Washing up liquid ( small or medium bottles)

Thank you for your continued support and generosity