



## March-April '22 Shopping List

**We currently need the following items - your help in meeting the needs of others is appreciated.**

- Milk - UHT/long-life
- Cook-in or Pasta Sauce
- Fruit Juice - UHT/long-life only
- Squash/soft drinks
- Tinned meat e.g. ham, corned beef
- Ready-made Custard (e.g. tinned)
- Tinned Potatoes
- Instant Mash
- Tinned Fish
- Packet Soup (e.g. Cup-a-Soup)
- Tinned Spaghetti
- Instant Coffee - small jars/packs
- Sponge Puddings
- Rice pudding (tinned)
- Desserts e.g. 'Angel Delight', Jelly
- Sugar - 500g packs please
- Dried/powder Milk
- Evaporated milk
- Table sauces e.g. ketchup/brown
- Gravy granules/stock cubes
- Easter treats - bars of chocolate preferred to eggs please
- Nappies - sizes 4 and above
- Toiletries for baby and baby wipes
- Washing-up liquid
- Liquid Soap/hand-wash (not bars)
- Toothbrushes and toothpaste
- Shampoo & conditioner
- Deodorant for men and women
- Cleaning/anti-bac spray
- Cat food

We **CURRENTLY PREFER NOT TO RECEIVE** more:

baked beans, pasta, and tinned soup.

**THANK YOU** for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank  
info@medway.foodbank.org.uk  
01634 757057

Registered Charity No: 1166505



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