Monday	Tuesday	Wednesday
Entrance Antiphon	Entrance Antiphon	Entrance Antiphon
O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!	O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!	O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!
Psalm	Psalm	Psalm
Give heed to my groaning, O Lord.	Have mercy on us, Lord, for we have sinned.	Let your heart take courage, all who hope in the Lord.
Gospel Acclamation	Gospel Acclamation	Gospel Acclamation
Alleluia, alleluia! If anyone love me he will keep my word, and my Father will love him, an we shall come to him. Alleluia!	Alleluia, alleluia! God in Christ was reconciling the world to himself, and he has entrusted to us the news that they are reconciled. Alleluia!	Alleluia, alleluia! Let the message of Christ, in all its richness, find a home with you; through him give thanks to God the Father. Alleluia!
Communion Antiphon	Communion Antiphon	Communion Antiphon
There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.	There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.	There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.

Thursday	Friday	Saturday
Entrance Antiphon	Entrance Antiphon	Entrance Antiphon
O Lord, hear my voice, for I have called to you; be my help. Do not abandon or forsake me, O God, my Saviour!	The designs of his Heart are from age to age, to rescue their souls from death, and to keep them alive in famine.	My heart will rejoice in your salvation. I will sing to the Lord, who has been bountiful to me.
Psalm	Psalm	Psalm
Rejoice, you just, in the Lord.	The love of the Lord is everlasting upon those who hold him in fear.	I will keep my love for him always.
Gospel Acclamation	Gospel Acclamation	Gospel Acclamation
Alleluia, alleluia! Speak, Lord, your servant is listening: you have the message of eternal life. Alleluia!	Alleluia, alleluia! Shoulder my yoke and learn from me, for I am gentle and humble in heart. Alleluia!	Alleluia, alleluia! Blessed is the Virgin Mary, who treasured the word of God and pondered it in her heart. Alleluia!
Communion Antiphon	Communion Antiphon	Communion Antiphon
There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.	Thus says the Lord: Let whoever is thirsty com to me and drink. Streams of living water will flow from within the one who believes in me.	Mary treasured all these words, reflecting on them in her heart.