

Hymn:

Spirit of the living God,
Fall afresh on me(us).
Spirit of the living God,
Fall afresh on me(us).
Break me(us), melt me(us),
Mold me(us), fill me(us),
Spirit of the living God,
Fall afresh on me(us)

Image: Eucharist and the Cross

Fruit: Prayer for a greater
experience of Jesus' presence
in the Eucharist.

Bible passage: John 6:51-58

My flesh is real food and my blood is real drink

Jesus said: 'I am the living bread
which has come down from heaven.
Anyone who eats this bread
will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another:

'How can this man give us his flesh to eat?' they said. Jesus replied:
'I tell you most solemnly, if you do not eat the flesh of the Son of Man
and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood has eternal life,
and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him.

As I, who am sent by the living Father, myself draw life from the Father,
so whoever eats me will draw life from me.

This is the bread come down from heaven;
not like the bread our ancestors ate: they are dead,
but anyone who eats this bread will live for ever.'

Resolution: ???

The word of life: Jesus, be my Shepherd.

Prayer: Our Father..., Hail Mary..., Glory be...

