

**Adoration of the Blessed Sacrament
with the prayers to The Most Holy Trinity**
(Hymns presented under One License no 332 9594 79)

At the beginning of the Exposition of the Blessed Sacrament

1 Soul of my Saviour, sanctify my breast,
body of Christ, be thou my saving guest,
blood of my Saviour, bathe me in thy tide,
wash me with water flowing from thy side.

2 Strength and protection may thy Passion be,
O blessèd Jesu, hear and answer me;
deep in thy wounds, Lord, hide and shelter me,
so shall I never, never part from thee.

3 Guard and defend me from the foe malign,
in death's dread moments make me only thine;
call me and bid me come to thee on high
where I may praise thee with thy saints for ay.

INTRODUCTION

MEDITATIVE CHANT Words: Terry Coelho © 1973 CCCM Music/Maranatha! Music

1. Father, we adore you,	2. Jesus, we adore you,	3. Spirit, we adore you,
Lay our lives before you,	Lay our lives before you,	Lay our lives before you,
How we love you!	How we love you!	How we love you

REFLECTION

Source: <https://www.catholicnewsagency.com/resources/prayers/other-prayers/prayer-to-the-blessed-trinity>

The Father is my hope.

The Son is my refuge.

The Holy Spirit is my protector.

Glory to the holy and undivided Trinity, now and forever.

Let us praise the Father, the Son and the Holy Spirit;

let us bless and exalt God above all forever!

Almighty and everlasting God,

to whom we owe the grace of professing the true faith,

grant that while acknowledging the glory of the eternal Trinity

and adoring its unity,

we may through your majestic power

be confirmed in this faith
and defended against all adversities;
through Jesus Christ our Lord,
who lives and reigns with you
in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

HYMNN *words and music by David J Evans (b1957)*

- | | |
|---|--|
| 1. Be still for the presence of the Lord,
The Holy One is here
Come bow before Him now,
With reverence and fear
In Him no sin is found
We stand on holy ground
Be still for the presence of the Lord,
The Holy One is here | Be still for the glory of the Lord,
Is shining all around |
| 2. Be still for the glory of the Lord,
Is shining all around
He burns with holy fire,
With splendour He is crowned
How awesome is the sight
Our radiant King of light | 3. Be still for the power of the Lord,
Is moving in this place
He comes to cleanse and heal,
To minister His grace
No work too hard for Him
In faith receive from Him
Be still for the power of the Lord
Is moving in this place
Be still for the power of the Lord
Is moving in this place |

The Litany of the Most Holy Trinity

Source: <http://www.catholictradition.org/Litanies/litanies1a.htm>

Blessed be the holy Trinity and undivided Unity;
We will give glory to Him, because He has shown His mercy to us.

Lord, have mercy – **Lord, have mercy.**
Christ, have mercy – **Christ, have mercy.**
Lord, have mercy – **Lord, have mercy.**
Blessed Trinity, hear us – **Adorable Unity, graciously hear us.**

God the Father of Heaven – **Have mercy on us.**
God the Son, Redeemer of the world,
God the Holy Ghost,
Holy Trinity, One God,
Father from Whom are all things,
Son through Whom are all things,

Holy Ghost in Whom are all things,
Holy and undivided Trinity,
Father everlasting,
Only-begotten Son of the Father,
Spirit Who proceed from the Father and the Son,
Co-eternal Majesty of Three Divine Persons,
Father, the Creator,
Son, the Redeemer,
Holy Ghost, the Comforter,
Holy, holy, holy, Lord God of hosts,
Who are, Who was, and Who is to come,
God Most High, Who inhabit eternity,
To Whom alone are due all honor and glory,
Who alone does great wonders,
Power infinite,
Wisdom incomprehensible,
Love unspeakable,

Be merciful – **Spare us, O Holy Trinity.**
Be merciful – **Graciously hear us, O Holy Trinity.**

From all evil – Deliver us, O Holy Trinity.
From all sin,
From all pride,
From all love of riches,
From all uncleanness,
From all sloth,
From all inordinate affection,
From all envy and malice,
From all anger and impatience,
From every thought, word, and deed contrary to Your holy law,
From Your everlasting malediction,
Through Your almighty power,
Through Your plenteous loving kindness,
Through the exceeding treasure of Your goodness and love,
Through the depths of Your wisdom and knowledge,
Through all Your unspeakable perfections,
We sinners – **Beseech You, hear us.**

That we may ever serve You alone – **We beseech You, hear us.**
That we may worship You in spirit and in truth,

That we may love You with all our heart, with all our soul, and with all our strength,
That, for Your sake, we may love our neighbor as ourselves,
That we may faithfully keep Your holy commandments,
That we may never defile our bodies and souls with sin,
That we may go from grace to grace, and from virtue to virtue,
That we may finally enjoy the sight of You in glory,
That You would vouchsafe to hear us,

O Blessed Trinity – **We beseech You, deliver us.**

O Blessed Trinity – **We beseech Thee, save us.**

O Blessed Trinity – **Have mercy on us.**

Lord, have mercy – **Christ, have mercy, Lord, have mercy.**

V. Blessed are You, O Lord, in the firmament of Heaven,

R. **And worthy to be praised, and glorious, and highly exalted forever.**

Let Us Pray.

Almighty and everlasting God, Who has granted Your servants in the confession of the True Faith, to acknowledge the glory of an Eternal Trinity, and in the power of Your majesty to adore a Unity: we beseech You that by the strength of this faith we may be defended from all adversity. Through Jesus Christ Our Lord. R. **Amen.**

HYMN words and music © 1976 Rocksmith Music

Majesty, Worship His Majesty

Unto Jesus

Be Glory Honour And Praise

Majesty, Kingdom, Authority

Flows From His Throne

Unto His Own

His Anthem Raise

So Exalt, Lift Upon High

The Name Of Jesus

Magnify Come Glorify

Christ, Jesus The King

Majesty, Worship His Majesty

Jesus Who Died, Now Glorified

King Of All Kings.

EUCCHARISTIC THANKSGIVING TO THE HOLY TRINITY

Source: <http://www.ibreviary.com/m2/preghiere.php?tipo=Preghiera&id=373>

Most Holy Trinity, Father, Son and Holy Spirit,
behold us prostrate in your divine presence.
We humble ourselves profoundly
and beg you to forgive our sins.
We adore you, Almighty Father,
and with hearts overflowing we thank you
that you have given us your divine Son Jesus to be our Redeemer,
and that he bequeathed himself to us in the most holy Eucharist
even to the end of the world,
revealing to us the wondrous love of his heart
in this mystery of faith and love.

**Glory be to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be forever. Amen.**

O Word of God, Jesus our Redeemer,
we adore you and with hearts overflowing we thank you
for having taken human flesh upon yourself
and having become both Priest and Victim in the sacrifice of the Cross,
for our redemption:
a sacrifice which, through the overflowing love of your Sacred Heart,
you renew upon our altars every moment.
O High Priest, divine Victim,
give us the grace to honor your holy sacrifice in the most sacred Eucharist
with the homage of Mary most holy and of all your holy Church,
triumphant, suffering and militant.
We offer ourselves wholly to you;
of your infinite goodness and mercy accept our offering,
unite it to your own and grant us your blessings.

**Glory be to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be forever. Amen.**

O Divine Spirit the Paraclete, we adore you
and with hearts overflowing we give you thanks
that you have, with such great love for us,
brought about the ineffable blessings of the Incarnation of the Word of God,
a blessing which is being continually extended and enlarged
in the most holy Sacrament of the Eucharist.
By this adorable mystery of love of the Sacred Heart of Jesus,
grant to us and all poor sinners your holy grace.
Pour forth your holy gifts upon us and upon all redeemed souls,
and in an especial manner upon the visible head of the Church, the Pope,
upon all Cardinals, Bishops and Pastors of souls,
upon priests, deacons and all other ministers of your sanctuary,
upon those in the religious and consecrated life,
and all your people. Amen.

**Glory be to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be forever. Amen.**

SONG

1. Father, in my life I see,
You are God who walks with me.
You hold my life in Your hands.
Close beside You I will stand.
I give all my life to You,
help me Father to be true!

2. Jesus, in my life I see,
You are God who walks with me.
You hold my life in Your hands.

Close beside You I will stand.
I give all my life to You,
help me Jesus to be true!

3. Spirit, in my life I see,
You are God who walks with me.
You hold my life in Your hands.
Close beside You I will stand.
I give all my life to You,
help me Spirit to be true!

LITANY OF OUR LORD JESUS CHRISTPRIEST AND VICTIM

(This prayer was prayed in Latin by Pope John Paul II as a seminarian in Cracow, and often in later life as well.) Eccl.
approval for English translation: - Adam Cardinal Maida Archbishop of Detroit. Rescript of November 21, 2008

Lord, have mercy - **Lord, have mercy**
Christ, have mercy - **Christ, have mercy**
Lord, have mercy - **Lord, have mercy**
Christ hear us - **Christ hear us**
Christ, graciously hear us - **Christ, graciously hear us**

God the Father of heaven, ***Have mercy on us***
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, One God,

Jesus, Priest and Victim, ***Have mercy on us***
Jesus, Priest forever according to the Order of Melchizedek,
Jesus, Priest Whom God sent to preach the Gospel to the poor,
Jesus, Priest Who at the Last Supper institute the form of the eternal sacrifice,
Jesus, Priest Who lives forever to intercede for us,
Jesus, High Priest whom the Father anointed with the Holy Spirit and power,
Jesus, High Priest chosen from among men,
Jesus, made High Priest for men,
Jesus, High Priest of our confession of faith,
Jesus, High Priest of greater glory than Moses,
Jesus, High Priest of the true tabernacle,
Jesus, High Priest of the good things to come,
Jesus, High Priest, holy, innocent and undefiled,
Jesus, High Priest faithful and merciful,
Jesus, High Priest inflamed with zeal for God and souls,
Jesus, High Priest, perfect forever,
Jesus, High Priest, who by Your own Blood entered the heavens,
Jesus, High Priest, who opened us a new way for us,
Jesus, High Priest, who loved us and washed us from our sins in Your Blood,
Jesus, High Priest, who offered Yourself to God as an oblation and sacrificial Victim,
Jesus, sacrificial Victim of God and men,
Jesus, holy and immaculate sacrificial Victim,
Jesus, pleasing sacrificial Victim,
Jesus, peace-making sacrificial Victim,
Jesus, sacrifice of propitiation and praise,
Jesus, sacrificial Victim of reconciliation and peace,
Jesus, sacrificial Victim in whom we have confidence and access to God,
Jesus, sacrificial Victim living forever and ever,

Led by Tricia

Be merciful, ***spare us, Jesus.***
Be merciful, ***graciously hear us, Jesus.***
From rashly entering the clergy, ***deliver us, Jesus***
From the sin of sacrilege,
From the spirit of incontinence,

From sordid pursuits,
From every lapse into simony,
From the unworthy administration of the Church's treasures,
From the love of the world and its vanities,
From the unworthy celebration of Your Mysteries,
Through Your eternal priesthood,
Through the holy anointing whereby You were constituted a priest by God the Father,
Through Your priestly spirit,
Through that ministry whereby You glorified Your Father on earth,
Through the bloody immolation of Yourself made once and for all upon the Cross,
Through that same sacrifice daily renewed upon the altar,
Through that divine power which You exercise invisibly in Your priests,

That You would deign to maintain the whole priestly order in holy religion,

We beseech You, hear us

That You would deign to provide Your people with pastors after Your own heart,
That You would deign to fill them with the spirit of Your priesthood,
That the lips of Your priests might preserve true knowledge,
That You would deign to send faithful workers into Your harvest,
That You would deign to multiply the faithful dispensers of Your Mysteries,
That You would deign to grant them perseverance in the service of Your will,
That You would deign to give them gentleness in their ministry,
resourcefulness in their actions, and constancy in prayer,
That through them You would deign to promote the veneration of the Blessed Sacrament everywhere,
That You would deign to receive into Your joy those who have served You well,

Lamb of God, Who take away the sin of the world, ***spare us, O Lord***

Lamb of God, Who take away the sin of the world, ***graciously hear us, O Lord***

Lamb of God, Who take away the sin of the world, ***have mercy on us, O Lord***

Jesus, Our Priest, ***hear us***

Jesus, Our Priest, ***graciously hear us.***

Let us pray: O God, Sanctifier and Guardian of your Church, raise up in her through Your Spirit suitable and faithful dispensers of the holy Mysteries, so that by their ministry and example, the Christian people may be guided under Your protection in the path of salvation. Through Christ our Lord. **Amen.**

HYMN

Leonard E Smith, Words and music © 1974 Kingsway's Thankyou Music

1. How lovely on the mountains are the feet of Him
Who brings good news, good news
Proclaiming peace, announcing news of happiness
Our God reigns, our God reigns

Our God reigns, our God reigns
Our God reigns, our God reigns

2. You watchmen lift your voices joyfully as one
Shout for your King, your King,
See face to face the Lord restoring Zion
Your God reigns, your God reigns!

3. Waste places of Jerusalem break forth with joy
We are redeemed, redeemed
The Lord has saved and comforted His people
Our God reigns, our God reigns!

4. Ends of the earth, see the salvation of your God
Jesus is Lord, is Lord.
Before the nations He has bared His holy arm
Our God reigns, our God reigns

O ETERNAL TRINITY

a prayer of St. Catherine of Sienna

Eternal God, eternal Trinity, you have made the blood of Christ so precious through his sharing in your divine nature. You are a mystery as deep as the sea; the more I search, the more I find, and the more I find the more I search for you. But I can never be satisfied; what I receive will ever leave me desiring more. When you fill my soul I have an even greater hunger, and I grow more famished for your light. I desire above all to see you, the true light, as you really are. I have tasted and seen the depth of your mystery and the beauty of your creation with the light of my understanding. I have clothed myself with your likeness and have seen what I shall be. Eternal Father, you have given me a share in your power and the wisdom that Christ claims as his own, and your Holy Spirit has given me the desire to love you. You are my Creator, eternal Trinity, and I am your creature. You have made of me a new creation in the blood of your Son, and I know that you are moved with love at the beauty of your creation, for you have enlightened me.

Eternal Trinity, Godhead, mystery deep as the sea, you could give me no greater gift than the gift of yourself. For you are a fire ever burning and never consumed, which itself consumes all the selfish love that fills my being. Yes, you are a fire that takes away the coldness, illuminates the mind with its light and causes me to know your truth. By this light, reflected as it were in a mirror, I recognise that you are the highest good, one we can neither comprehend nor fathom. And I know that you are beauty and wisdom itself. The food of angels, you gave yourself to man in the fire of your love.

You are the garment which covers our nakedness, and in our hunger you are a satisfying food, for you are sweetness and in you there is no taste of bitterness, O triune God!

HYMN:

Of the gloriou-s Body te-lling,
O- my tongue, its mysterie-s sing,
And the Blood, all price excelling,
Which the world's eternal Ki-ng,
In a noble womb once dwelling
Shed for the wo-rld's ra-nsoming.

Word made Flesh, by- word he ma-keth
Ve-ry bread his Fle-sh to be;
Man in wine Christ's Blood partaketh:
And if senses fail to see-,
Faith alone the true heart waketh
To behold the- my-stery.

Given for u-s, descendi-ng,
O-f a Virgin to procee-d,
Man with man in converse blending,
Scattered he the Gospel see-d,
Till his sojourn drew to ending,
Which he closed i-n wo-ndrous deed.

Therefore we, be-fore him be-nding,
Thi-s great Sacrament reve-re;
Types and shadows have their ending,
For the newer rite is he-re;
Faith, our outward sense befriending,
Makes the inwa-rd vi-sion clear.

At the last grea-t Supper ly-ing
Ci-rcled by his brethren's ba-nd,
Meekly with the law complying,
First he finished its comma-nd
Then, immortal Food supplying,
Gave himself wi-th hi-s own hand.

Glory let u-s give, and ble-ssing
To- the Father and the So-n;
Honour, might, and praise addressing,
While eternal ages ru-n;
Ever too his love confessing,
Who, from both, wi-th bo-th is one.
A-me-n.

Let us pray:
Lord, Our God...

R. Amen.

BLESSING

O Sacrament most Holy, O Sacrament Divine,
All praise and all thanksgiving, Be every moment Thine.