

**Adoration of the Blessed Sacrament**  
**with the prayers for the outpouring of the Holy Spirit**

(all the readings from the Bible quoted after the NRSV Anglicized Catholic Edition)  
(Biblical readings and hymn presented under One License no 332 9594 79)

**At the beginning of the Exposition of the Blessed Sacrament**

1 Soul of my Saviour, sanctify my breast,  
body of Christ, be thou my saving guest,  
blood of my Saviour, bathe me in thy tide,  
wash me with water flowing from thy side.

2 Strength and protection may thy Passion be,  
O blessèd Jesu, hear and answer me;  
deep in thy wounds, Lord, hide and shelter me,  
so shall I never, never part from thee.

3 Guard and defend me from the foe malign,  
in death's dread moments make me only thine;  
call me and bid me come to thee on high  
where I may praise thee with thy saints for ay.

**PRAYER FOR OPENNESS**

**MEDITATIVE CHANT:** Your Holy Spirit, Lord, pour on us tonight!

**The Tower of Babel**

**Genesis 11:1-9**

A reading from the Book of Genesis

**1** Now the whole earth had one language and the same words. **2** And as they migrated from the east, they came upon a plain in the land of Shinar and settled there. **3** And they said to one another, 'Come, let us make bricks, and burn them thoroughly.' And they had brick for stone, and bitumen for mortar. **4** Then they said, 'Come, let us build ourselves a city, and a tower with its top in the heavens, and let us make a name for ourselves; otherwise we shall be scattered abroad upon the face of the whole earth.' **5** The LORD came down to see the city and the tower, which mortals had built. **6** And the LORD said, 'Look, they are one people, and they have all one language; and this is only the beginning of what they will do; nothing that they propose to do

will now be impossible for them. **7** Come, let us go down, and confuse their language there, so that they will not understand one another's speech.' **8** So the LORD scattered them abroad from there over the face of all the earth, and they left off building the city. **9** Therefore it was called Babel, because there the LORD confused the language of all the earth; and from there the LORD scattered them abroad over the face of all the earth.

The word of the Lord

### **Prayer**

**Hymn** by Daniel Iverson (1926)

Spirit of the living God,

Fall afresh on me(us).

Spirit of the living God,

Fall afresh on me(us).

Break me(us), melt me(us),

Mold me(us), fill me(us),

Spirit of the living God,

Fall afresh on me(us)

### **The Israelites Reach Mount Sinai**

**Exodus 19: 3-8.16-20**

A reading from the Book of Exodus

**3** Then Moses went up to God; the LORD called to him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: **4** You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. **5** Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, **6** but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.'

**7** So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. **8** The people all answered as one: 'Everything that the LORD has spoken we will do.'

**16** On the morning of the third day there was thunder and lightning, as well as a thick cloud on the mountain, and a blast of a trumpet so loud that all the people who were in the camp trembled. **17** Moses brought the people out of the camp to meet God. They took their stand at the foot of the mountain. **18** Now Mount Sinai was wrapped in smoke, because the LORD had descended upon it in fire; the smoke went up like the smoke of a kiln, while the whole mountain shook violently. **19** As the blast of the trumpet grew louder and louder, Moses would speak and God would answer him in thunder. **20** When the LORD descended upon Mount Sinai, to the top of the

mountain, the LORD summoned Moses to the top of the mountain, and Moses went up.

The word of the Lord

### **Prayer**

**HYMNN** *words and music by David J Evans (b1957)*

1. Be still for the presence of the Lord,

The Holy One is here

Come bow before Him now,

With reverence and fear

In Him no sin is found

We stand on holy ground

Be still for the presence of the Lord,

The Holy One is here

2. Be still for the glory of the Lord,

Is shining all around

He burns with holy fire,

With splendor He is crowned

How awesome is the sight

Our radiant King of light

Be still for the glory of the Lord,

Is shining all around

3. Be still for the power of the Lord,

Is moving in this place

He comes to cleanse and heal,

To minister His grace

No work too hard for Him

In faith receive from Him

Be still for the power of the Lord

Is moving in this place

Be still for the power of the Lord

Is moving in this place

### **The Valley of Dry Bones**

**Ezekiel 37:1-14**

A reading from the Prophet Ezekiel

**1** The hand of the LORD came upon me, and he brought me out by the spirit of the LORD and set me down in the middle of a valley; it was full of bones. **2** He led me all round them; there were very many lying in the valley, and they were very dry. **3** He said to me, 'Mortal, can these bones live?' I answered, 'O Lord GOD, you know.' **4** Then he said to me, 'Prophecy to these bones, and say to them: O dry bones, hear the word of the LORD. **5** Thus says the Lord GOD to these bones: I will cause breath to enter you, and you shall live. **6** I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the LORD.'

**7** So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. **8** I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. **9** Then he said to me, 'Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord GOD: Come from the four winds, O breath, and breathe upon these slain, that they may live.' **10** I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

**11** Then he said to me, 'Mortal, these bones are the whole house of Israel. They say, "Our bones are dried up, and our hope is lost; we are cut off completely." **12** Therefore prophesy, and say to them, Thus says the Lord GOD: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. **13** And you shall know that I am the LORD, when I open your graves, and bring you up from your graves, O my people. **14** I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the LORD, have spoken and will act, says the LORD.'

The word of the Lord

## **Prayer**

**HYMN** *by CJM Music | from the album Age to Age*

**Refrain:** Lay your hands gently upon us.

Let their touch render your peace.

Let them bring your forgiveness and healing.

Lay your hands gently, lay your hands.

1. You were sent to free the broken-hearted.

You were sent to give sight to the blind.

You desire to heal all our illnesses.

Lay your hands gently, lay your hands. **Refrain**

2. Lord, we come to you through one another.

Lord, we come to you in our need.

Lord, we come to you seeking wholeness.

Lay your hands gently, lay your hands. **Refrain**

## God's Spirit Poured Out

Joel 2: 28-32

A reading from the Prophet Joel

**28** Then afterwards

I will pour out my spirit on all flesh;  
your sons and your daughters shall prophesy,  
your old men shall dream dreams,  
and your young men shall see visions.

**29** Even on the male and female slaves,  
in those days, I will pour out my spirit.

**30** I will show portents in the heavens and on the earth, blood and fire and columns of smoke. **31** The sun shall be turned to darkness, and the moon to blood, before the great and terrible day of the LORD comes. **32** Then everyone who calls on the name of the LORD shall be saved; for in Mount Zion and in Jerusalem there shall be those who escape, as the LORD has said, and among the survivors shall be those whom the LORD calls.

The word of the Lord

### Prayer

**SONG** *Writer/s: Jonas Myrin, Matt Redman (2012) based on Psalms 103:1-5*

**Refrain:** Bless the Lord, Oh my soul

Oh my soul, worship his holy name

Sing like never before, Oh my soul

I'll worship your holy name

1. The sun comes up, it's a new day dawning

It's time to sing your song again

Whatever may pass and whatever lies before me

Let me be singing when the evening comes **Refrain**

2. You're rich in love and You're slow to anger

Your name is great and Your heart is kind

For all Your goodness, I will keep on singing

Ten thousand reasons for my heart to find **Refrain**

3. And on that day when my strength is failing

The end draws near and my time has come

Still my soul will sing Your praise unending

Ten thousand years and then forevermore **Refrain**

## Future Glory

Romans 8:22-27

A reading from the Letter of St Paul to the Romans

**22** We know that the whole creation has been groaning in labour pains until now; **23** and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. **24** For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? **25** But if we hope for what we do not see, we wait for it with patience. **26** Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. **27** And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. The word of the Lord

### Prayer

#### SONG

*by Michael W. Smith, Awesome God lyrics © Universal Music Publishing Group, Capitol Christian Music Group*

Our God is an awesome God  
He reigns from heaven above  
With wisdom, power, and love  
Our God is an awesome God

## Rivers of Living Water

John 7: 37-39

A reading from the Holy Gospel according to St John.

**37** On the last day of the festival, the great day, while Jesus was standing there, he cried out, 'Let anyone who is thirsty come to me, **38** and let the one who believes in me drink. As the scripture has said, "Out of the believer's heart shall flow rivers of living water.'" **39** Now he said this about the Spirit, which believers in him were to receive; for as yet there was no Spirit, because Jesus was not yet glorified. The Gospel of the Lord

### Prayer

#### SONG

Oh living water, refresh my soul.	1. Spirit of God. (2)
Oh living water, refresh my soul.	2. Oh set us free. (2)
Spirit of joy, Lord of creation.	3. Come, pray in us. (2)
Spirit of hope, Spirit of peace.	

## TIME FOR PRIVATE PRAYER

### HYMN

Of the gloriou-s Body te-lling,  
O- my tongue, its mysterie-s sing,  
And the Blood, all price excelling,  
Which the world's eternal Ki-ng,  
In a noble womb once dwelling  
Shed for the wo-rld's ra-nsoming.

Given for u-s, descendi-ng,  
O-f a Virgin to procee-d,  
Man with man in converse blending,  
Scattered he the Gospel see-d,  
Till his sojourn drew to ending,  
Which he closed i-n wo-ndrous deed.

At the last grea-t Supper ly-ing  
Ci-rcled by his brethren's ba-nd,  
Meekly with the law complying,  
First he finished its comma-nd  
Then, immortal Food supplying,  
Gave himself wi-th hi-s own hand.

Word made Flesh, by- word he ma-keth  
Ve-ry bread his Fle-sh to be;  
Man in wine Christ's Blood partaketh:  
And if senses fail to see-,  
Faith alone the true heart waketh  
To behold the- my-stery.

Therefore we, be-fore him be-nding,  
Thi-s great Sacrament reve-re;  
Types and shadows have their ending,  
For the newer rite is he-re;  
Faith, our outward sense befriending,  
Makes the inwa-rd vi-sion clear.

Glory let u-s give, and ble-ssing  
To- the Father and the So-n;  
Honour, might, and praise addressing,  
While eternal ages ru-n;  
Ever too his love confessing,  
Who, from both, wi-th bo-oth is one.  
A-me-n.

R. You have given them bread from heaven.

V. Having within it all sweetness.

Let us pray:

O God, who in this wonderful Sacrament left us a memorial of Your Passion:  
grant, we implore You,

that we may so venerate the Sacred Mysteries of Your Body and Blood,  
as always to be conscious of the fruit of Your Redemption.

Who live and reign forever and ever.

R. Amen.

### BLESSING

O Sacrament most Holy, O Sacrament Divine,  
All praise and all thanksgiving, Be every moment Thine.